CHECKLIST

Financial boundaries checklist: protecting your household money

- [ ] Open a sole bank account and redirect all your income into it
- [ ] Contact joint credit providers and ask to be removed or close the accounts
- [ ] Write a weekly household budget and pin it somewhere visible
- [ ] Move your savings to an account the other person cannot access
- [ ] Store valuables somewhere secure or with a trusted friend
- [ ] Change PINs and passwords if the other person knows them
- [ ] Refuse to lend money or clear gambling debts
- [ ] Check your credit report with all three agencies for unexpected accounts
- [ ] Decide in advance what you will do if a boundary is broken